

The book was found

A Modern Italian Table: The Bible Of Italian Cooking



Synopsis

A Modern Italian Table allows you to recreate the healthy and delicious dishes of an Italian kitchen quickly and effortlessly. Veronica Lavenia shares her personal experiences of the Italian way of life and creates fresh, nutritious, and accessible meals for the entire family. From sweet breakfasts to versatile appetizers and family friendly snacks, her recipes will bring the taste and aroma of Italy to your own kitchen table. Sustainability and seasonality, alongside a philosophy of eating with awareness, underpin this beautifully natural and organic book. In a world where food is criticised and appears to have lost its connection to the roots of nature, A Modern Italian Table brings home cooking back to its core, combining contemporary ingredients with an ancient culinary heritage. (Veronica Lavenia)

Book Information

Hardcover: 224 pages

Publisher: New Holland Publishers (May 1, 2017)

Language: English

ISBN-10: 1742579302

ISBN-13: 978-1742579306

Product Dimensions: 7.9 x 0.9 x 9.3 inches

Shipping Weight: 2.2 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #843,297 in Books (See Top 100 in Books) #253 in Books > Cookbooks, Food & Wine > Entertaining & Holidays > Appetizers #434 in Books > Cookbooks, Food & Wine > Cooking Methods > Organic #702 in Books > Cookbooks, Food & Wine > Italian Cooking

Customer Reviews

Born and raised in Italy, surrounded by the thriving culture and spirit of Sicily, Veronica's love for travel, food and a passion for cooking organic, sustainable food was passed down from her parents. Before Veronica became a food writer, she worked as an associate professor of Spanish Language and, in the context of academic research, published essays on the Spanish-American narrative in national and international Academic Journals. However she was always drawn back to food. Inspired by family recipes, and valuable Italian culinary heritage, her writing focus shifted. Sustainability, seasonality and selection of raw materials (as much as possible local, organic

and unrefined) are the basis of Veronica's food philosophy. She believes that a literary education (PhD in Iberian and Ibero-American Languages and Literatures) is the essential ingredient for a methodological approach to food writing and emphasises the value of home cooking as an instrument of culture, knowledge and education. Knowing the ingredients, their seasonality and origin, means to cook in a conscious way. Other books published by New Holland: Panini: The Simple Tastes of Italian Style Bread The Rustic Italian Baker The Vegetarian Italian Kitchen

[Download to continue reading...](#)

Southern Cooking: Southern Cooking Cookbook - Southern Cooking Recipes - Southern Cooking Cookbooks - Southern Cooking for Thanksgiving - Southern Cooking Recipes - Southern Cooking Cookbook Recipes A Modern Italian Table: The Bible of Italian Cooking The Bible: The Complete Guide to Reading the Bible, Bible Study, and Scriptures (bible, religion, spirituality, holy bible, christian, christian books, understanding the bible) The Art of the Table: A Complete Guide to Table Setting, Table Manners, and Tableware Pivot Tables: Pivot Table Basics, Pivot Table Essentials, Data Crunching, Master Pivot Tables, Learn Pivot Tables. Pivot Table Tricks, Tips, Secrets, Shortcuts, Made Easy, Pivot Tables for Beginners Italian: Short Stories for Beginners + Italian Audio: Improve your reading and listening skills in Italian. Learn Italian with Stories (Italian Short Stories Book 1) Cooking for One Cookbook for Beginners: The Ultimate Recipe Cookbook for Cooking for One! (Recipes, Dinner, Breakfast, Lunch, Easy Recipes, Healthy, Quick Cooking, Cooking, healthy snacks, deserts) Cooking for Two: 365 Days of Fast, Easy, Delicious Recipes for Busy People (Cooking for Two Cookbook, Slow Cooking for Two, Cooking for 2 Recipes) Italian Moms - Spreading their Art to every Table: Classic Homestyle Italian Recipes from Abruzzo with some modern creations The Bible Study for Beginners Series: Learn the Bible in the Least Amount of Time: The Bible, Bible Study, Christian, Catholic, Holy Bible, Book 4 Bible Brain Teasers for Adults (4 Book Set includes: Bible Crossword Puzzles; Bible Games; Bible Quizzes & Puzzles; Bible Word Search Puzzles) The Classic Italian Cook Book: The Art of Italian Cooking and the Italian Art of Eating Childrens Italian books: Animal counting fun. Contare con gli animali e divertente: Learn Italian with stories. Children's English-Italian Picture Book ... books for children Vol. 2) (Italian Edition) Mi piace aiutare (italian kids books, italian baby books): libri per bambini, libri per ragazzi (I Love to Help) (Italian Bedtime Collection) (Italian Edition) Children's book in Italian: Gifts for you, Mama. Dei regali per te, Mamma: Childrens Italian book (Bilingual Edition) Children's Picture book English Italian. ... books for children Vol. 8) (Italian Edition) Children's book Italian: Peekaboo baby. Cucu' mio piccolino: (Bilingual Edition)

English-Italian Picture book for children. Bilingual English Italian books ... books for children Vol. 1)
(Italian Edition) Children's book in Italian: Where are the Easter Eggs? Dove sono le uova di Pasq:
Childrens Italian books,Children's Picture Book English-Italian ... for children) (Volume 10) (Italian
Edition) Italian: Short Stories for Beginners: Improve your reading and listening skills in Italian.
Learn Italian with Stories (Italian Edition) Italian Moms: Spreading Their Art to Every Table: Classic
Homestyle Italian Recipes My Little Bible Box: Little Words of Wisdom from the Bible; Little
Blessings from the Bible; Little Psalms from the Bible

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)